

AOX Antioxidant Alkaline Water in the Battle Against Diabetes

Diabetes is now one of the leading causes of death in America and according to the International Diabetes Institute; it is becoming a global epidemic. The institute predicts that by 2025, some 300 million people will suffer with diabetes. Further, the health professionals who make up the institute say by that time diabetes will be a major killer in the global community.

Findings from a recent conference show that many suffer from diabetes but do not know it. By the time they discover it, there is often skin damage as well as corrosion of tissues and organs. The effects of diabetes on the body can be reversible in many cases. Doctors will often recommend a dramatic change in diet and an increase in water intake in an effort to flush the body.

Research in Japan, Russia and other countries shows that alkaline water is a critical warrior in effectively battling diabetes. Alkaline water is hydrogen rich and therefore promotes healing. The diabetic patient will often suffer from dry skin, lack of energy and ulcers. Water restructured to increase alkaline presence serves as an anti-oxidant. When introduced as a regular part of a nutritional plan, patients remarkably respond to the treatment.

Antioxidant alkaline water has proven to be successful in the treatment of diabetes in many eastern nations. In Japan, physicals will require patients drink about 9 to 10 glasses of antioxidant alkaline water per day. The antioxidants in the water combat free radicals in the bodies. Once free radicals are eradicated or beat back, the human body begins to respond to the living antioxidant alkaline water.

The antioxidant alkaline water in essence decreases the size of molecules in the body while increasing hydration. The water (a seemingly water for life) also aids in blood circulation. Diabetes is caused by the pancreas inability to process insulin properly. Japanese medical journals say part of the breakdown in the pancreas in diabetes patients is the presence of free radicals. Antioxidant alkaline water, say the journals, is a natural agent in reversing the effects of those free radicals.

Regular intake of antioxidant alkaline water, according to researchers, can reduce the need for insulin by some 50 percent.

Start your family with AOX antioxidant alkaline water for better health.

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